

Weekly Meal Planner

January 1/9--1/13/23	Monday	Tuesday	Wednesday	Thursday	Friday	Column1
Y Breakfast	W G. frosted flakes Strawberries	Maple french toast & sausage square	Mango smoothie bowl	W.G. giant goldfish crackers Applesauce	W.G. banana muffin Peaches	
Y Lunch	Chicken a la King Brown rice Apples W.W. dinner roll	Cheeseburger W.G. bun French fries Fruit crush	Bean tostada Spanish rice Pears	Mini maple pancake wrapped turkey dog Breakfast potatoes Fruit cocktail	Pizza fries W.W. pizza crust Capri vegetables Pineapple	
BGC Dinner	Chicken a la King Brown rice Apples W.W. dinner roll	Cheeseburger W.G. bun French fries Fruit crush	Bean tostada Lettuce & tomato Spanish rice Sour cream & taco sauce	Maple pancake wrapped turkey dog Breakfast potatoes Fruit cocktail	Pizza fries W.W. crust Capri vegetables Pineapple Marinara/Ranch	
Y PM Snack	W.G. animal crackers	Cottage cheese	W.G. cheddar goldfish	Zucchini sticks w/ red sauce	Apple slices	
Port Edwards snack	W.G.cheddar goldfish Apple juice	W.G. tostitos Salsa	W.G.cheese-it crackers String cheese	Gogurt Granola	W.G. giant goldfish Apple slices	
ALL MILK SERVED						
1 year olds--whole milk						
2 years and up-- 1% milk						