

Weekly Meal Planner

September 9/12--9/16	Monday	Tuesday	Wednesday	Thursday	Friday	Egg & Dairy Sub.
Y Breakfast	Cinnamon toast crunch cereal Pears 1% Milk	W.G. banana muffin Applesauce 1% Milk	Raspberry crush W.G. giant goldfish crackers 1% milk	W.G. oatmeal raisin cookie Mixed fruit 1% milk	W.G. Scooby Doo crackers Fruit yogurt 1% milk	
Y Lunch	Grilled cheese Tomato soup Fruit Oyster crackers 1% milk	Taco crumble Refried beans Fruit 1% milk	Meatballs in gravy over noodles Corn Fruit 1% milk	Crispy chicken wrap Strawberry applesauce Cauliflower 1 % milk	Lasagna roll-up Spaghetti sauce Garlic breadstick Fruit 1% milk	
BGC Dinner	Grilled cheese Tomato soup Fruit Oyster crackers 1%white/ choc milk	Taco salad w/ lettuce & tomato Cheddar cheese Salsa & sour cream W.G. tortilla 1% white/ choc. milk	Meatballs in gravy over noodles Corn Fruit 1% white/ choc. milk	Crispy chicken wrap Strawberry applesauce Cauliflower 1 % milk	Lasagna roll-up Spaghetti sauce Garlic breadstick Fruit 1% white/ choc. milk	
Y PM Snack	Fruit salad 1% milk	Animal crackers 1% Milk	Fruit 1% Milk	String cheese 1% Milk	W.G. veggie crisps 1% Milk	
Port Edwards snack	Tostitos & salsa	W.G. veggie crisps Ranch dip	Pretzels & cheese	String cheese W. G. crackers	W.G.Giant goldfish Fruit crush	