

Weekly Meal Planner

September 9/19--9/23	Monday	Tuesday	Wednesday	Thursday	Friday	Egg & Dairy Sub.
Y Breakfast	Frosted flakes Raisins 1% milk	W.G. Bug bites Cinnamon applesauce 1% Milk	W.G. Giant goldfish Yogurt 1% milk	W.G. Apple cinnamon muffin Pears 1% milk	W.G. scooby doo crackers Fruit cocktail 1% milk	
Y Lunch	Turkey burger W.G. bun Potato patty Peaches 1% milk	Chili Cornbread muffin Strawberries & pineapple 1% milk	Hot dog Mac n cheese Green beans Fruit 1% milk	Sweet & sour chicken Rice Vegetables Fruit Dinner roll 1 % milk	Pizza fries Broccoli & cauliflower Fruit 1% milk	
BGC Dinner	Turkey burger W.G. bun Butter lettuce Potato patty Peaches 1% white or choc. milk	Chili Cornbread muffin Strawberries & pineapple 1% white or choc. milk	Hot dog Mac n cheese Green beans Fruit 1% white or choc. milk	Sweet & sour chicken Rice Vegetables Fruit Dinner roll 1 % white or choc. Milk	Pizza fries Marinara/ranch Broccoli & cauliflower Fruit 1% white or choc. milk	
Y PM Snack	String cheese 1% milk	W.G. cheese it 1% Milk	Fruit smoothie 1% Milk	Fruit yogurt 1% Milk	Animal crackers 1% milk	
Port Edwards snack	Corn chips & cheese Fruit	W.G. cheese its String cheese	Tropical fruit salad	W.G. Bug bites Fruit	W.G. trix cereal bar Gogurt	